

**Course Title: Jack the Coastie SAFE Boot Camp**

For ages 5-9 or Grades K-3



**Description:**

The ocean is a beautiful place. You need to be aware of the fish that live there. You need to know where to find help if you need it. You need to use your judgment when it comes to making good decisions. You need to be prepared for anything, from rain clouds to spotting sharks! This session will guide children through how to stay safe in the world, while they are out on their adventures.

We'll finish off the week with a graduation demonstration of all the skills we've learned!

**Activities:**

- Narrated Adventure
- Escape room
- Build your own Shark Puppet
- Theater games
- Science experiments
- Coastie takeaways
- Obstacle courses
- Games

**Duration: 5 days, 20 hours of classroom**

**Cost:** \$200, with \$50 nonrefundable deposit to reserve a slot

\$50 Deposit includes a hardbound copy of *Jack the Coastie and the Shark Who Wanted a Shiny* and access to our Foundations Class.

**Objective: Get comfortable with being a detective in different situations**

**Tools & Skills:** Students will identify helpers and how to ask for help

**Situational Awareness:** Students will become more aware by noticing and naming differences in their surroundings.

**Proper mindset:** Students will compare situations and set priorities.

**Make a Plan:** Students will create plans for being safe and asking for help at the right time.

**Selected Virginia Standards of Learning (SOLs)**

- Health k.1, k.2, k.3; 1.1, 1.2, 1.12; 2.2, 2.3; 3.2
- Family k.9, k.11; 1.12; 2.2, 3.1, 3.10
- English k.1, k.2, k.3, k.5, k.8, k.9; 1.1, 1.3, 1.5, 1.8, 1.9; 2.1, 2.3, 2.8, 3.1, 3.5
- Science k.1, k.7; 1.5; 2.5; 3.5
- History & Social Science k.1, k.8, k.9, k.10; 1.1, 1.8, 1.10; 2.1, 2.11; 3.1, 3.11